



April 6th Mon. Social Committee Meeting 4:30 300 MCR

April 7th Tues. Spring Exercise class begins (10 wks) 10:15 300MCR

April 8th Wed. Spring Exercise class begins (10 wks) 10:15 500MCR

April 9th Thurs. Spring Exercise class begins (10wks) 10:15 300MCR

all above exercise sessions are filled to capacity

April 13th Monday Book Club 7pm 300 MCR

Book: *The Lost Passenger* by Frances Quinn

April 16th Thurs. Ted Talk 7pm 400 MCR

Topic: *Phylis OPOCHINSKY will be posting the topic.*

April 24th Fri. The Social Committee is inviting all the Newcomers to High Point to join us in our Club House for Coffee & Dessert at 7pm

April 30th Thursday **BINGO** Payment due 3/29 7pm Club Hs

Yoga Fridays \$15pp 11-12 300 MCR

High Point of Hartsdale C.A.

Web:highpointofhartsdale.com

Refrain from taking down this flyer. Thank you