

April 8th & 10th Spring Exercise Classes start 10:15-11:00 300 MC Rm (filled to capacity)

April 14th Monday SC Meeting 4:30 Club House

April 17th Thursday Ted Talk 7pm 500 MC Rm

Topic: How Changing Your Story Can Change Your Life / Lori Gottlieb

April 21st Monday Book Club 7pm Club House

Book: Being Henry, the Fonz & Beyond / by Henry Winkler

April 24th Thursday BINGO 7pm Club House

Deadline to Register 4/21

YOGA Class Fridays (except 4/11) 11:00am \$15.00 per class 300 MC Rm

<u>Visit High Point Website</u>: highpointofhartsdale.com

High Point of Hartsdale C.A. (do not remove this notice – Thank You